

DELICIOUS MENU

WEEK ONE

MONDAY

Homemade Pizza
Mixed salad
Chunky Coleslaw
Jacket Potato

Cornbeef Hash
Beetroot
or
Red Cabbage

✔ Mac & Cheese
Garlic Bread

TUESDAY

BBQ Pulled Pork
on a brioche bun
Salad
Seasoned Wedges

Chicken Balti
Basmati Rice
Naan Bread

✔ Quorn Sausage
& Onion Gravy
Veg of the day
& Mashed Potato

WEDNESDAY

Mixed Fajitas
Green Salad
Sour Cream & Tomato Salsa

Honey Roast Gammon
Roast Potatoes
& Gravy
Cauliflower Cheese

✔ Homemade
Roast Veg Puff Pastry Slice
Oven Baked Tomatoes
Roast potatoes

THURSDAY

Chicken & Bacon Pie
Seasonal Cabbage
& Mashed Potatoes

Tex Mex Beef
Tacos
Shredded Lettuce
& Red onion

✔ Chinese Five Spice
Vegetable
Chow Mein

FRIDAY

Jumbo Fish Fingers
Garden Peas
Chipped Potatoes

Cottage Pie
Baton Carrots
& Garden Peas

✔ Free Range Egg Omelette
Cheese & Red Onion / Ham & Tomato
Baked Beans & Chipped Potatoes

✔ Suitable for vegetarians

Tastè!

DELICIOUS MENU

WEEK TWO

MONDAY

Oven Baked Sausage
& onion Gravy
Peas
Mashed Potato

Homemade Quiche
Red Onion Coleslaw
Jacket Potato

✔ Tortilla Basket
Filled with
Veggie Chilli
Rice

TUESDAY

Chicken Tikka
Boiled Rice
Naan Bread

Meatballs in
Tomato & Basil
Sauce
Penne Pasta

✔ Mediterranean Pasta Bake
Homemade
Garlic & Herb Bread

WEDNESDAY

Roast Beef & Gravy
Yorkshire Pudding
Carrot & Turnip
& Roast Potatoes

Tuna Quesadillas
Mixed Salad
Chunky Coleslaw

✔ Sweet Potato
&
Chickpea Curry
Naan Bread

THURSDAY

BBQ Ribs
Savoury Vegetable Rice

Homemade Deep Filled
Meat & Potato Pie
Sliced Beetroot

✔ BBQ Quorn fillets
Mixed Vegetable Rice

FRIDAY

Sweet & Sour Chicken
With
Noodles

Battered Fish
Chipped Potatoes
Peas

✔ Sweet & Sour Vegetables
With
Noodles

✔ Suitable for vegetarians

Tastè!

DELICIOUS MENU

WEEK THREE

MONDAY

Spaghetti Bolognese
Homemade
Garlic & Herb Bread

Homemade Pasty
Veg of the Day
Potato Wedges

☑ Veggie Bolognese
Homemade
Garlic & Herb Bread

TUESDAY

Ham & Tomato
Pasta Bake
Hot Crusty Bread

All Day
Breakfast

☑ All Day
Veggie Breakfast

WEDNESDAY

Roast Turkey & Gravy
Diced Carrots & Broccoli
Florets
Roast Potatoes

Moroccan Spiced Chicken
Flat Bread
Mixed Vegetable
Cous Cous

☑ Sweet Chilli Noodles
With
Red & Green Peppers

THURSDAY

Chicken Balti
Basmati rice
Naan Bread

Minced Beef Burrito
Red Onion Coleslaw
Green Salad

☑ Quorn & Mixed Pepper
Burrito
Red Onion Coleslaw
Green Salad

FRIDAY

Fish Finger Butty
Mushy Peas
Chipped Potatoes

Beef Burger on a Bun
Choice of Sides
Chipped Potatoes

☑ Veggie Burger on a Bun
Choice of Sides
Chipped Potatoes

☑ Suitable for vegetarians

Tastè!